Lord, I’m not praying for miracles and visions,  
I’m only asking for power for my days.  
Teach me the art of small steps!

Make me clever and witty among the diversity of days  
to be able to record important recognitions and experiences!  
Help me prioritize to use my time accurately!

Present me with safe senses to be able to judge  
whether a thing is first rank or second rank priority!  
I pray for power for discipline and moderation, not only to  
race through my life, but also to live my days reasonably, and  
observe unexpected pleasures and heights!

Save me from the naive belief that everything goes smoothly in life!  
Present me with the sober recognition that difficulties,  
failures, fiascos, set-backs are additional elements given  
by life itself that make us grow and mature.

Send a person to me in the right moment who has enough  
courage and love to utter the truth!  
We do not say the truth to ourselves, others say that to us.

I know that many problems get solved by themselves without doing anything.  
Please help me to be able to wait!

You are the one who knows how much we need courage.  
Make me worthy for the nicest, hardest, riskiest  
and most fragile gifts of life!

Present me with enough fantasy to be able to mediate a little bit of charity,  
in the right place, on the right time,  
with or without words!

Spare me from the fear of letting life slip!  
Do not give me only things I desire, give me things I need as well!  
Teach me the art of small steps!